

Treatment of new-born clubfoot(CTEV)

What is Clubfoot(CTEV)?

Clubfoot, also known as Talipes Equinovarus, is a congenital foot deformity that affects about 2 in 1,000 births. It's characterized by a foot that's twisted inward or outward, making it difficult to walk or stand.

Causes and Risk Factors

The exact cause of Clubfoot is unknown, but it's believed to be related to genetic, environmental, or hormonal factors during pregnancy. But most of the clubfoot/CTEV the cause is IDIOPATHIC, as in there is no known or associated conditions and the baby is perfectly fine apart from Clubfoot/CTEV

Pre-natal diagnosis of clubfoot/CTEV

Clubfoot can be diagnosed during pregnancy through ultrasound scan is usually done between 16 to 24 weeks. The scan will show if the foot is in an abnormal position and if it's associated with other anomalies.

Generally for an isolated unilateral clubfoot no further investigations are required. But it's always prudent to consult your paediatric Orthopaedician and a genetist.

Treatment Options

Treatment usually begins shortly after birth and is universally cured by Ponseti technique of manipulation and casting.

Which is a non-surgical method of Clubfoot treatment. It is also a series of gentle manipulations and castings to correct foot deformity. Paediatric orthopaedic surgeon like Dr Shravan has treated over 1000 children with Clubfoot by this method.

Prognosis

With proper treatment, most children with Clubfoot can lead active, normal lives. Early intervention and parental support are crucial for optimal outcomes.

Remember, every child's journey with Clubfoot is unique. Stay informed, and don't hesitate to reach out to a pediatric orthopedic specialist like Dr Shravan for guidance and encouragement

What is unique about Dr Shravan's Clubfoot clinic?

Successfully Treated over a 1000 babies.

In-depth counselling and support right from the pre-natal diagnosis

A personalised WhatsApp support group, throughout the treatment process

Guaranteed success and outcomes.

Clubfoot video

<https://youtu.be/2X8HThAbqmw>

Clubfoot blog

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mibextid=rS40aB7S9Ucbxw6v](https://www.facebook.com/100002207068483/posts/2077717222311826/?mibextid=rS40aB7S9Ucbxw6v)